Despite overwhelming impact of vascular health issues it is challenging to have an accurate estimate of the collective prevalence and economic burden of vascular diseases in Canada because there is a gap in available data. Estimates presented in this infographic cannot be considered mutually exclusive and therefore have not been added up to present an overall picture. To avoid under-estimation of the true burden, comprehensive data collection and analysis is required. This schematic illustrates that 3 health behaviours (physical inactivity, poor diet, smoking) are common to development of risk factors (high blood pressure, high cholesterol, diabetes, obesity) which in turn lead to development of vascular disease across various organ systems.